

IVF Treatment with Herts fertility

This leaflet details the process of having an IVF treatment with us and all you need is to email Lucy dynes on hbsecretary@yahoo.com and she will arrange things seamlessly for you

We provide the treatment for our patients in association with the clinic IVF London at Elstree and you can visit their website on <https://ivflondon.co.uk/>

You need to go through the following steps:

- Initial scan and consultation where Mr Borase will discuss your history, investigations you had so far, you will have a scan followed by the detailed discussion about your personalised treatment protocol and do the bloods for virology for both partners which is a legal requirement
You will have every opportunity to clear all your queries
- Nurse consultation
When the nurse will go through all the legal paperwork, consents and details of the treatment and she will write down in detail what needs to be done and provide all the contact details so the period after the nurse consultation, your treatment can start
- Once your period starts, your treatment with hormone injections starts from day 2 and you will need scans and blood test on
Day 2
Day 5
Day 7 and
Day 9
Sometimes you may need an extra scan depending upon the clinical need
- Once we feel that you are ready for egg collection, you will be given a trigger injection that evening, and your egg collection will be done around 34-36 hrs after the trigger shot
- The egg collection happens under sedation
On the day you will be seen by the consultant doing your egg collection as well as the anaesthetist to discuss the procedure in detail
After the procedure, the embryologist will come and explained you in detail as to how many eggs are collected and if we are going for an IVF (mixing egg with sperms) or an ICSI (injecting a sperm inside the egg)
After that you will get an update on the progress daily from the clinic
- The embryo transfer happens on day 5 or 6 after the egg collection and does not require sedation (except in certain clinical situations)
After the embryo transfer, we provide you with medication to support the pregnancy

- 2 weeks after the embryo transfer, we will do a pregnancy test and depending upon the result, further management will be decided
- In case of a negative pregnancy test, you will have a follow up appointment to discuss the treatment, possible reasons, and further plan
- If you are going for a 3-cycle package then after each egg collection, embryos will be frozen and at the end of the 3rd cycle, you will either have a fresh transfer or a frozen transfer depending upon the clinical situation

The initial scan and consultation will happen at the Centennial Medical Centre and lasts for about 40-60 min, the details about the place can be seen at <https://centennialmedical.co.uk/>

All further treatments will happen at the IVF London clinic in Elstree

Mr Borase will be doing your scans and bloods during the treatment except when he is away or busy with NHS commitments when you will be looked after by the IVF London team however all your treatment decisions will be made by Mr Borase and he will overlook the treatment

We aim to provide very high level of quality and personalised care to all our patients and any constructive feedback will be highly appreciated as it will allow us to improve our services and patient care on an ongoing basis